



YOU ARE COMPLETE MEMBERSHIP DISCLAIMER

This document is intended to provide important information to you regarding your You Are Complete membership. Please read the entire document carefully and be sure to submit your questions to the You Are Complete Team at support@youarecomplete.com with any questions that you may have regarding its contents.

Information about Bianca L. Rodriguez:

Bianca L. Rodriguez has a Master of Arts and Master of Education in Psychological Counseling from Teacher's College, Columbia University.

Bianca L. Rodriguez is also a licensed Marriage and Family Therapist in the state of California. This means that she has completed a Master's Degree in Psychological Counseling, provided 3000 supervised hours of therapy and related professional activities and passed two licensing exams. Licensed Marriage and Family Therapists are licensed and regulated in the state of California by the Board of Behavioral Sciences.

This agreement is for the You Are Complete membership, one on one and group coaching (aka Soul Mentorship and Self-Mastery Group), not therapy.

While the educational material provided in your membership and coaching can work with issues such as identifying and reaching life goals, and changing behavioral patterns, the educational material and coaching cannot deal with issues such as depression and anxiety. For issues such as these, you must see a Physician or Licensed Mental Health Professional. Although you as a member may have a diagnosis, such as Generalized Anxiety Disorder or ADHD, your membership and coaching is not intended as a treatment or cure for that condition. When purchasing a membership, you are agreeing that you understand the difference in these two functions and you will get appropriate professional help for mental health issues, if necessary.

Please feel free to ask questions at any time about Bianca's background, experience and professional orientation.

Description of Coaching

Coaching is a partnership (defined as an alliance, not a legal business partnership) between the Coach and the Member in a thought-provoking and creative process that inspires the Member to maximize personal and professional potential. It is designed to facilitate the creation/development of personal, professional or business goals and to develop and carry out a strategy/plan for achieving those goals.

Coach-Member Relationship:

Member is solely responsible for creating and implementing his/her own physical, mental and emotional well-being, decisions, choices, actions and results arising out of or resulting from the coaching relationship and his/her coaching calls and interactions with the Coach. As such, the Member agrees that the Coach is not and will not be liable or responsible for any actions or inaction, or for any direct or indirect result of any services provided by the Coach. Member understands that coaching is not therapy and does not substitute for therapy if needed, and does not prevent, cure, or treat any mental disorder or medical disease.

Client further acknowledges that he/she may terminate or discontinue the coaching relationship by canceling her membership at any time.

Member acknowledges that coaching is a comprehensive process that may involve different areas of his or her life, including work, finances, health, relationships, education and recreation. The Member agrees that deciding how to handle these issues, incorporate counseling principles into those areas and implementing choices is exclusively the Member's responsibility.

Member acknowledges that coaching does not involve the diagnosis or treatment of mental disorders as defined by the American Psychiatric Association and that coaching is not to be used as a substitute for counseling, psychotherapy, psychoanalysis, mental health care, substance abuse treatment, or other professional advice by legal, medical or other qualified professionals and that it is the Member's exclusive responsibility to seek such independent professional guidance as needed. If Member is currently under the care of a mental health professional, it is recommended that the Member promptly inform the mental health care provider of the nature and extent of the coaching relationship agreed upon by the Member and the Coach..

Client understands that in order to enhance the coaching relationship, the Member agrees to communicate honestly, be open to feedback and assistance and to create the time and energy to participate fully in the program.

Services:

The parties agree to engage in coaching sessions online via webcam and telephone meetings. Coach or a member of the You Are Complete Team will be available to Member by email and in between scheduled meetings for questions. Everything possible is done to assure email and webcam confidentiality, but it cannot be guaranteed.